

DEPRESSED? OVERWHELMED? DRINKING TOO MUCH? FAMILY VIOLENCE? DRUG ABUSE?

Need a sense of direction?



Start Here. Looking for help with issues like depression, mood disorders, alcohol or drug abuse, or family violence? Live in Lake County? Then we invite you to call our Compass Line. You'll talk with a trained triage specialist who can help you sort through your feelings, evaluate your options, and get connected quickly and firmly with the right local resources. It's free. It's confidential. It's a great place to start.

Lake County Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board

YOU.ME.US. We're in this together. There is no them.



THE COMPASS LINE
Helping you find the right direction.

(440) 918-2000 or (440) 350-2000
compassline@lakeadamhs.org