

COCAINE CRACK DEPRESSANTS FENTANYL GHB HEROIN INHALANTS KETAMINE LSD MARIJUANA MDMA

Warning signs

MESCALINE METHAMPHETAMINE METHCATHINONE OPIUM PCP PSILOCYBIN RITALIN ROHYPNOL STEROIDS

of potential

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drug/alcohol

MESCALINE METHAMPHETAMINE METHCATHINONE OPIUM PCP PSILOCYBIN RITALIN ROHYPNOL STEROIDS

abuse in

COCAINE CRACK DEPRESSANTS FENTANYL GHB HEROIN INHALANTS KETAMINE LSD MARIJUANA MDMA

teens

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Behavioral changes:

- Change in relationships with family and/or friends.
- Loss of inhibitions.
- Mood changes or emotional instability.
- Loud obnoxious behaviors.
- Outbursts of laughter.
- Unusually clumsy or lack of coordination and balance.
- Lethargic, sullen, withdrawn, depressed.
- Unusually tired.
- Silent, uncommunicative.
- Hostile, angry, uncooperative.
- Deceitful or secretive.
- Endless excuses, loss of motivation (an overwhelmed teen may drop a class but overall lack of motivation may indicate drug use).
- Slurred speech, stuttering or rapid fire speech.
- Inability to focus.
- Unusually active or elated.
- Periods of sleeplessness or high energy followed by long periods of "catch up" sleep.
- Frequent curfew breaks.
- Cash problems.
- Avoiding eye contact.
- Locked bedroom doors, secretive calls or texts.
- "Munchies" or loss of appetite.
- Increased use of air fresheners or incense.

Mental Health:

- Paranoia.
- Memory lapses or excessive forgetfulness.
- Temporary psychosis and hallucinations, becoming delusional.
- Cycles of manic behavior (unusually happy and talkative followed by depressive episodes).

Physical and Health Issues:

- Messy careless appearance, poor hygiene.
- Needle marks. Wearing long sleeves in hot weather.
- Burns or soot on fingers or lips, flushed cheeks or face, red eyes,
- Smell of smoke on breath or clothes. Use of gum, mints, fruity drinks to cover breath.
- Runny nose, itchy red eyes.

- Heavy use of over-the-counter meds to reduce red eyes or nasal irritation.
- Clenching teeth.
- Sores or spots around mouth.
- Frequent sickness. Queasy or nauseous episodes, seizures, vomiting, Sweatiness.
- Frequent headaches.
- Excessive thirst, dry mouth.
- Unintended weight loss or gain.
- Bruises.
- Accidents.
- Depression.
- Dental problems. Tooth decay and loss can be especially dramatic with methamphetamines.
- Nosebleeds (from snorting).

School or work related:

- Truancy, absenteeism, skipping class.
- Drop in grades, sporadic work, loss of interest in schoolwork or extracurricular activities, failure to fulfill responsibilities.
- Complaints from teachers or coworkers.

Other red flags:

- Missing prescription meds or OTC pills.
- Missing alcohol or cigarettes.
- Disappearing money or valuables.
- Unusual smell in car. Bottles, pipes or bongs on floor or in glove box. Unusual wrappers or seeds.
- Reckless driving, unexplained dents in the car.

Online Resources

www.HelpThatWorks.us, www.LakeOpiateTaskForce.org

Looking for help but not sure where to start?

Call The ADAMHS Compass Line at 918-2000 or 350-2000 (both 440).

You'll speak with a trained triage specialist who will get you pointed in the right direction.



The Lake County Alcohol, Drug Addiction And Mental Health Services Board